



C.H.O.I.C.E.S.



River Valley Middle School

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September 2023



To Help Children to be Successful in School

Starting a new year can be a little scary and intimidating for children of all ages. Listed below are a few things that as parents you can do to help them to have a successful year.

- ◆ Become Familiar with school. Meet your child's teacher(s) and get to know them. Go to open house and parent-teacher conferences. Participate in school functions. This will help you to meet other parents.
- ◆ Support classroom learning at home. Make sure homework is done and check over. Help your child to prepare for test. Create a time and place for homework to be done everyday and stick to the schedule.
- ◆ Make a home for everything. Organization and routines are very important because they provide security for the children. They know what to expect. Have a time to check bookbag and sort papers. Hang a "super-star" paper on the refrigerator (this builds confidence, shows support, and importance of a job well done), lunch box goes to the kitchen for the next day, shoes put in place, etc.
- ◆ As a family, eat one meal together daily. This will provide a neutral time to have conversations, ask questions, and most important listen to what your child is saying. Everyone should be involved in sharing about their day. Ask open-ended questions (questions that can't be answered with a yes or no) to promote discussions.
- ◆ Most important—remember learning is a process and that it doesn't happen without making mistakes. When these happen, help your child to understand that this is part of the process of learning and to adjust, practice, and tackle each new skill with confidence. Soon this to will be easy and they will be ready to move to the next challenge.
- ◆ Get your kids involved in at least one extra activity. This gives them a chance to interact with others, learn team work, and burn off some of the energy they always seem to have.

Afterschool Provides Long Lasting Benefits

- Provides homework help
- Increases Academic scores
- Provides the time/place to explore new interests / hobbies
- A safe environment to help build in / out of school relationships and builds confidence.
- Special and unique opportunities are available such as STEM projects, trips to plays, museums, field trips, etc.
- Students will be provided transportation home every evening of afterschool.
- Students will be provided a nutritious snack.
- Provides a safe structured environment for kids for working parents.



Back to School **TIPS** for Students

- ◆ Use alarm clock
- ◆ Stay organized.
- ◆ Follow along in class.
- ◆ Be Responsible for Your Actions.
- ◆ Try your best.
- ◆ Hit Deadlines.
- ◆ Be kind to others.
- ◆ Get enough sleep.
- ◆ Set your goals.
- ◆ Learn from your mistakes.
- ◆ Think positive.
- ◆ Ask questions.
- ◆ Listen to others.
- ◆ Get clothes, lunch, and backpack ready the night before.
- ◆ Ask questions.
- ◆ Stay in your own lane— don't get caught up in things that don't impact you.
- ◆ Don't Multitask.



- ***CHOICES Afterschool Program Starts October 16, 2023**
- ***Bob Evan's Farm Festival Career Exploration Oct. 13-15**
- ***Kings Island Career Exploration Oct. 28**
- ***Mrs. Doubtfire Play Nov. 4**
- ***Keys to Success by Ted Wiese @ URG Dec. 4**
- ***Miracle on 34th Street @LaComedia Dec. 9**
- ***Stroll in the Park Family Engagement Dec 18 & 19 5:00— 7:00 pm @ City Park**

